

Porn-Critical Sex Education Curriculum

Research shows that comprehensive, developmentally-appropriate sex education results in better overall health outcomes for young people. Yet where do most young people today get their information about sex? From pornography. Based on decades of scientific research, we know that porn undermines the social, emotional, cognitive, and physical health of young people in ways that can cause serious, long-term harm.

In the U.S., sex education standards vary by state, with some states not requiring it in schools at all. As of June 2022, 28 states and Washington, D.C. have mandated it. Of those states, only 17 require the content to be "medically accurate."

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That's why Culture Reframed created a comprehensive, porn-critical sex ed curriculum.

What makes our curriculum unique?

Our anti-exploitation framework:

- teaches young people to contrast healthy relationships and accurate information about the body with the misinformation propagated by the porn industry.
- teaches young people to critically examine the ways the porn industry exploits them.
- provides comprehensive, relevant, and accurate sex education.
- assists educators in developing students' ability to have authentic, healthy, safe, and rewarding relationships.

Who is this curriculum for?

The curriculum is designed for educators, facilitators, and others in a position to incorporate sex education into their work with young people, specifically those aged 13 and older.



Scan the code to access the curriculum



Key Features

Guidance for Teachers/Facilitators:

Provides the underlying principles of the curriculum, content, sequence, and best practices for delivery of the lessons.

8 Training Modules for Teachers/Facilitators:

Aids teachers/facilitators in their understanding of pornography from a range of critical perspectives and increases capacity to teach porn-critical sex and relationship education.

6 Anti-Exploitation Education Lessons:

Places porn within the context of exploitation and allows young people to contrast healthy relationships and accurate information about the body with the misinformation propagated by the porn industry.

6 Sex and Relationship Education Lessons:

Features discussions about bodies, healthy aspects of relationships, equality, and consent, inviting students to think critically about how and where they learn information.

Stand-Alone Lesson:

An overview of the significance and impact of mainstream pornography that can be integrated into any curriculum subject to support students' understanding of the influence of porn on media, culture, and society.

9 Digital Media Literacy Sessions:

Invites learners to think critically about their media use and develop skills for media literacy and a healthy relationship with media.

